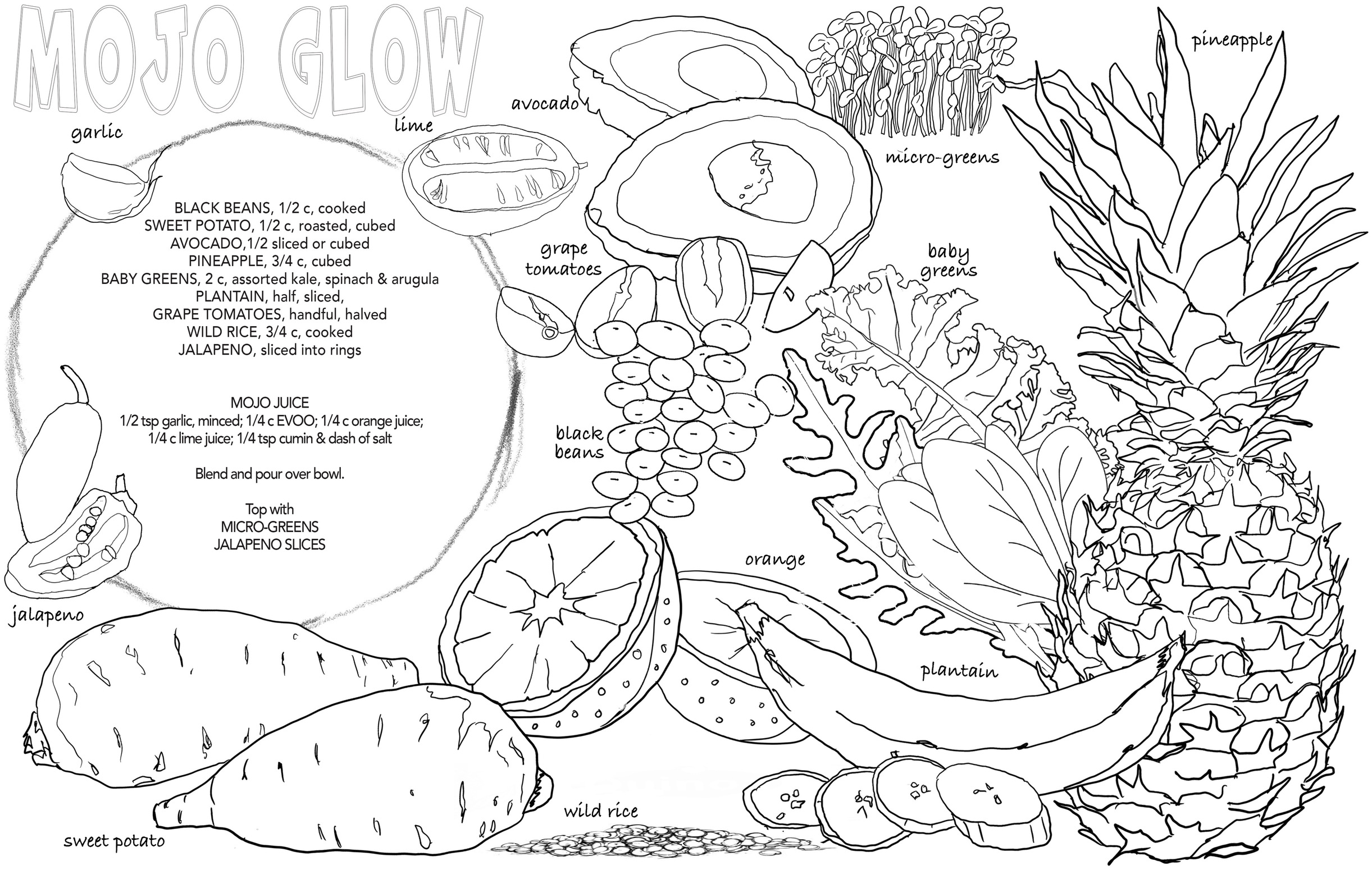
# MOJO GLOW

BLACK BEANS, 1/2 c, cooked
SWEET POTATO, 1/2 c, roasted, cubed
AVOCADO,1/2 sliced or cubed
PINEAPPLE, 3/4 c, cubed
BABY GREENS, 2 c, assorted kale, spinach & arugula
PLANTAIN, half, sliced,
GRAPE TOMATOES, handful, halved
WILD RICE, 3/4 c, cooked
JALAPENO, sliced into rings

MOJO JUICE
1/2 tsp garlic, minced; 1/4 c EVOO; 1/4 c orange juice;
1/4 c lime juice; 1/4 tsp cumin & dash of salt

Blend and pour over bowl.

Top with
MICRO-GREENS
JALAPENO SLICES