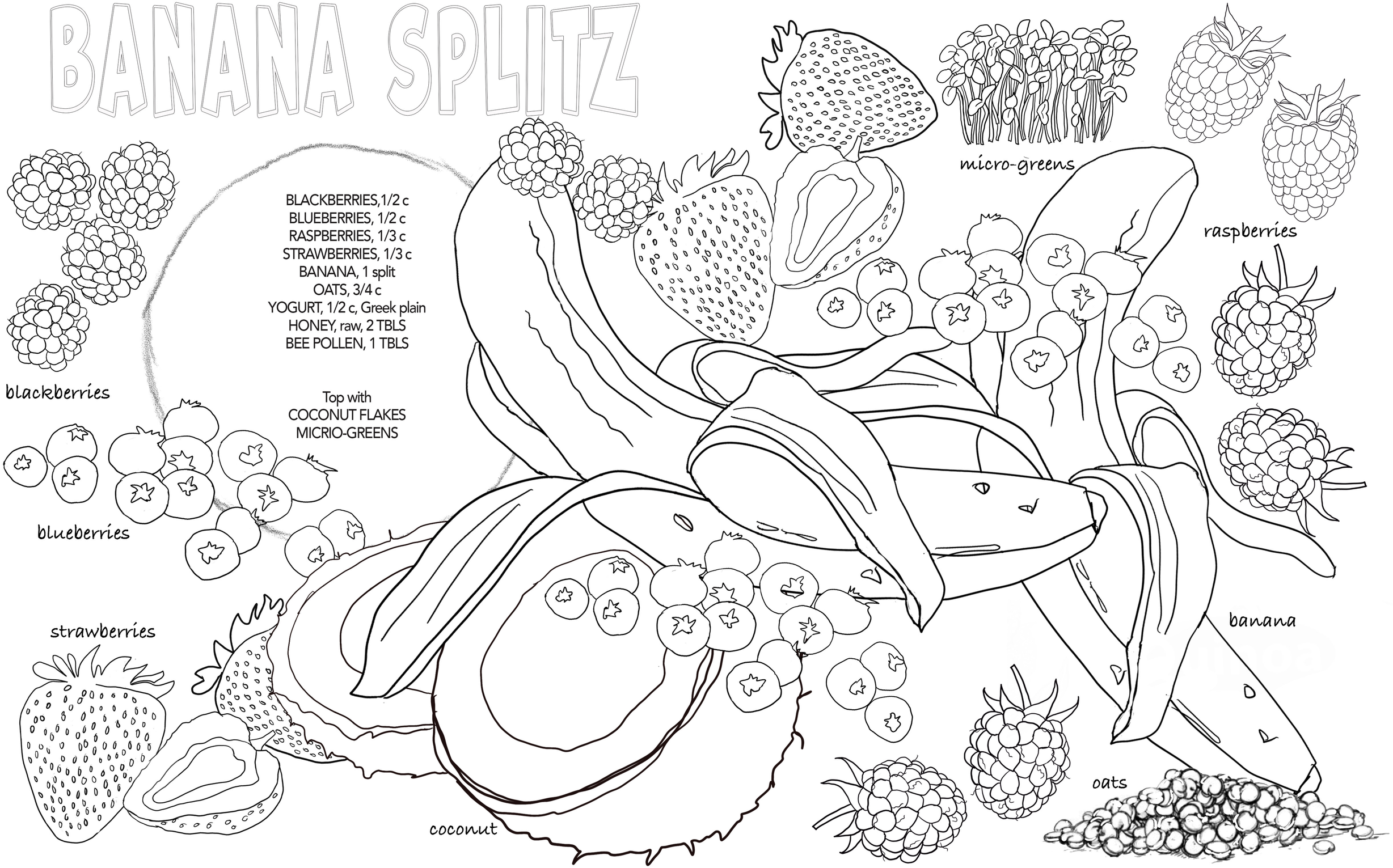
BANANA SPLITZ

BLACKBERRIES,1/2 c
BLUEBERRIES, 1/2 c
RASPBERRIES, 1/3 c
STRAWBERRIES, 1/3 c
BANANA, 1 split
OATS, 3/4 c
YOGURT, 1/2 c, Greek plain
HONEY, raw, 2 TBLS
BEE POLLEN, 1 TBLS

Top with
COCONUT FLAKES
MICRIO-GREENS